

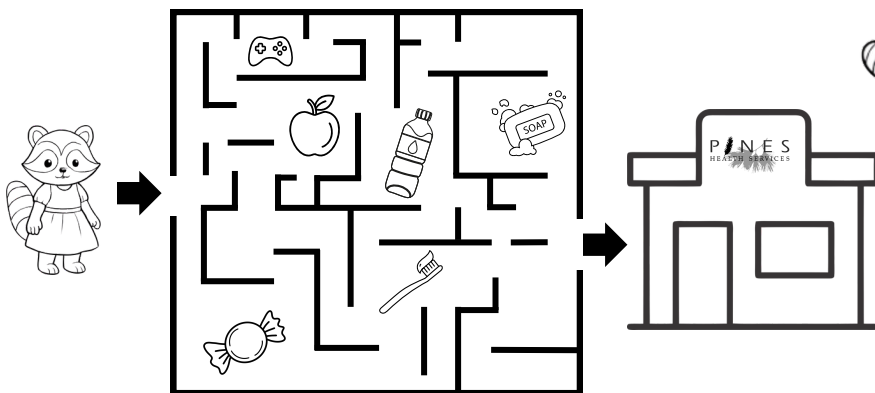
Healthy Kids, Healthy Communities!

National
Health
Center
Week



Help Rosie get to her checkup!

Follow the path to the health center by
choosing the healthy choices.



Look for the healthy choices:



Apple



Water



Soap



Toothbrush



Dr. Rick wants Randy to stay
healthy by doing these everyday:

☐

Brush my teeth

☐

Wash my hands

☐

Drink water

☐

Get enough
sleep

☐

Stay active



Please return coloring sheet by August 14th to any Pines location
or mail to: Pines Health Services P.O. Box 40 Caribou, ME 04736.
3 lucky winners will win a \$25 gift card to Houlton Dairy Farms or
Neighborhood Books. One winner will be selected from the
following age groups: 4-6 years, 7-9 years, and 10-14 years.

Name: _____

Age: _____

Phone: _____